

## **EVENTS SCHEDULE- May 2024**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			01	GAIA WELLNESS CENTER		04
Book your Access Bars Session with Suhair Ali	06	07	New Moon Meditation with M. F. Sameer Timings: 6:00 - 7:30 PM Dubai time Fee: AED 126	09	10	Affirmation of the day:  "Every day I am getting closer to reaching my goals."
12	13	Affirmation of the day:  "I am surrounded by people who inspire me and want me to succeed."	15	Meditation & Mind Programming for Stress, Anxiety, Worries, Burnout & Depression with M. F. Sameer Timings: 6:00 - 7:30 PM Dubai time Fee: FREE	17	18
19	Book your Private Coaching with M. F. Sameer	21	Affirmation of the day:  "Every day is full of potential and I am open to new opportunities."	Full Moon Meditation with M. F. Sameer Timings: 6:00 - 7:30 PM Dubai time Fee: AED 126	Dr. Afaf Nazih available in Dubai until June 3, 2024	
Affirmation of the day:  "Taking small steps every day is helping me achieve big goals."	27	Healing and Rejuvenating Your Emotional Memory Circuits with Dr. Afaf Nazih Timings: 5:00 - 8:00 PM Dubai time Fee: AED 997.50		Common Hidden Unconscious Dynamics: Contracts & Vows Affecting Your Couple Relationship with Dr. Afaf Nazih Timings: 5:00 - 9:00 PM Dubai time Fee: AED 682.50	31	Family Constellation Workshop with Dr. Afaf Nazih



